

Journeys to Wellness

Saturday, October 13, 2012

The Community Church of Honolulu

2345 Nuʻuanu Avenue, Honolulu, HI 96817

8:30 a.m. Registration • 9:00 a.m. – 2:00 p.m. Program

Registration Fee \$15 (includes lunch) Scholarships available for students.

A half-day program designed to promote wellness by offering different spiritual journeys to a healthy body, mind, spirit & community.

Keynoter Speaker

Joanne Doi, M.M., Ph.D.

Transformative Journeys Towards Wellness

Joanne Doi is from Los Angeles, California. Entering the Maryknoll Sisters in 1981, she served in the southern Andes of Peru among the Aymara people where she engaged in popular education and religion. She later was awarded a Ph.D. at the Graduate Theological Union in Berkeley, California. Her dissertation, entitled, “Bridge to Compassion: Theological Pilgrimage to Tule Lake and Manzanar” focused on spiritual practices of collective memory, post-trauma reconciliation, healing and solidarity.

Respondent: Rev. Dr. Teruo Kawata

Terry Kawata served as Conference Minister of the United Church of Christ, Adjunct Faculty at San Francisco Theological Seminary, and Visiting Professor at Silliman University in the Philippines.

As a young adult he was interned at Poston Relocation Camp in Arizona, 1942-1944.

Workshops Each attendee is invited to attend two workshops in their entirety.

The Journey of Aloha: from Violence to Wholeness

Kahu Kaleo Paterson, UCC Minister and Founder of the Pacific Justice and Reconciliation Center & Haʻaheo Guanson, Executive Director, Pacific Justice and Reconciliation Center

The Journey of Balancing One's Energy

Corey Wong, Acupuncturist and Qigong, Taijiquan and Gongfu Teacher & Practitioner

The Journey of Faith & Prayer

Rev. Ron Williams, Senior Pastor, The Community Church of Honolulu

The Journey of Healthy Eating

Kathy Maddux, Macrobiotic Diet Specialist and Organic Farmer

The Journey of Mindfulness

Ernestine Enomoto, Dharma Teacher in the Tradition of Vietnamese Zen Master, Thich Nhat Hanh

The Journey of Forgiveness

Michael North, Business Executive, representing the Hawai'i Forgiveness Project

The Journey of Finding the Sacred in the Ordinary

Jeff Acido, Program Director, Nakem Youth, Ph.D. Candidate at the University of Hawai'i

Sponsored by Sunrise Ministry Foundation

Co-Sponsors include The Community Church of Honolulu, The Interfaith Alliance Hawai'i, Hawai'i Forgiveness Project, Pacific Justice and Reconciliation Center, Inclusive Orthodox Church, Institute for Religion and Social Change &

Honpa Hongwanji Mission of Hawai'i--Social Concern Committee

**To Register Contact: Bishop Randolph Sykes • randolphsykes@hawaii.rr.com • 561-6010
or Alan Goto • alanjirogoto@yahoo.com • 531-6429**